

# Registration Fees

(Lunch Included)

## Before September 22, 2009

<input type="radio"/> Individual Registration	<b>\$200.00</b>
<input type="radio"/> Student Registration (Include proof of full-time enrolment)	<b>\$160.00</b>
<input type="radio"/> Group Registration (Each for 3 or more - see below for more information.)	<b>\$190.00</b>

## After September 22, 2009

<input type="radio"/> Individual Registration	<b>\$230.00</b>
<input type="radio"/> Student Registration (Include proof of full-time enrolment)	<b>\$190.00</b>
<input type="radio"/> Group Registration (Each for 3 or more - see below for more information.)	<b>\$220.00</b>

NAME \_\_\_\_\_ PROFESSION \_\_\_\_\_

ORGANIZATION \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY / PROVINCE \_\_\_\_\_

POSTAL CODE \_\_\_\_\_ PHONE \_\_\_\_\_ EMAIL ADDRESS \_\_\_\_\_

SPECIAL DIETARY OR PHYSICAL NEEDS \_\_\_\_\_

## Method of Payment

Cheque (Payable to The Oak Tree)    Visa    Mastercard

CARD # \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

EXPIRY DATE

NAME ON CARD \_\_\_\_\_

SIGNATURE \_\_\_\_\_ TOTAL \_\_\_\_\_

Please make cheques payable to The Oak Tree Professional Programming. • In order to receive the early registration discount, registration and payment must be received by our office by the close of business September 22, 2009. • Upon receipt of registration and payment we will send confirmation of registration to you with your receipt. • To be eligible for group rates, group members must register and pay fees at the same time, but separate payments may be submitted by participants. We will send separate receipts unless a group receipt is requested. • If you register for the workshop but find yourself unable to attend, you may send someone in your place, but please let us know in advance. • Refunds are available, less a \$50 fee, 14 days or more before the workshop date. • Between 3 and 13 days before the workshop, we will credit the workshop fee, less \$50, toward a future program presented by The Oak Tree Professional Programming. • The workshop will take place October 30, 2009 at the University Women's Club of Vancouver, 1489 McRae Avenue, Vancouver, B.C. V6H 1V1 (604) 731-4661. • Mid-morning nutrition break, lunch, as well as coffee and tea throughout the day are included with your registration.

# Course Description

This course will introduce both new and seasoned supervisors to competency-based supervision, a science-informed process of identifying and developing specific competencies required for good practice in both supervisees and supervisors.

## Objectives of the Workshop

By the end of this course, participants can be expected to :

- 1 Know how to use competencies to develop an effective supervision plan;
- 2 Be familiar with tools and competency measures used in supervision and in the development of a supervision contract;
- 3 Know the importance of developing and maintaining strong supervisory alliances, and of integrating feedback into all aspects of clinical supervision;
- 4 Understand how to infuse diversity into supervision—enhancing respect for individual differences and improving multicultural competence;
- 5 Be aware of legal, ethical, and liability issues in supervision, and how to manage these in day to day practice;
- 6 And know how to work with supervisees who show problematic behaviour or who otherwise do not meet performance competencies.

## CE Credit

At the conclusion of the workshop, participants receive certification of attendance for 6.5 continuing education contact hours.

This workshop is approved by the Canadian Psychological Association.

# Clinical Supervision: A Competency-Based Practice

Carol Falender, Ph.D.,  
Department of Psychology, UCLA  
Independent Practice, Santa Monica, CA

October 30, 2009

Registration: 8:00 am – 8:30 am

Workshop: 8:30 am – 4:30 pm

University Women's Club of Vancouver  
1489 McRae Avenue  
Vancouver, B.C.

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## Dr. Carol Falender

Dr. Carol Falender (B.A. Vassar College; M.A., Ph.D., University of Wisconsin, Madison) is a lecturer, clinical supervisor, and teacher. She is Clinical Professor in the Department of Psychology at UCLA, an Adjunct Professor at Pepperdine University, and maintains an independent practice in Santa Monica, California. She is the author of numerous professional articles on the subject of supervision and her books, *Clinical Supervision: A Competency Based Approach* (2004, APA Books, coauthored with Edward Shafranske) and *Casebook for Clinical Supervision: A Competency-based Approach* (2004, APA Books, coedited with Edward Shafranske), have become standard resources for supervisory competence. Dr. Falender has lectured in North America and internationally about supervision, supervision ethics, and best practices in training, and on a range of child and adolescent treatment topics. She is active in the California Psychological Association as Chair of the Continuing Education Committee Board and member of the Los Angeles County Psychological Association Ethics Committee. She is a former President of APA's Division 37, Society for Child and Family Policy and Practice.

## Clinical Supervision...

For generations, clinical supervision has stood at the centre of training for psychologists and other mental health professionals, and regulators have specified in careful detail the amount and nature of supervised professional experience required for entry into the various professions. However, until recently, regulators have been more or less silent about standards for the work of supervisors. Supervisors, responsible for mentoring, educating, and evaluating supervisees, while keeping the well-being of patients or clients in the front of their minds, have often had little actual education or training in supervision, and little framework and few guidelines to work from.

Fortunately, times are changing. Contemporary mental health practitioners have access to a large body of theory and research tailored to their specific needs as Supervisors. In 2008, the Canadian Psychological Association released Draft Ethical Guidelines for Supervision in Psychology, which recognized supervision as a specialized area of psychological activity with its own foundation of knowledge and skills enhanced by education and training. These draft guidelines noted that education and training in supervision has too often been minimal or absent from psychologists' professional preparation, but that supervisors now have an ethical responsibility to pursue specific education and training in supervision. Currently, California is the only North American Psychology regulatory jurisdiction to mandate that Psychologists who supervise receive specific

## for the Twenty-First Century

training in supervision every licensure period, but some allied professions—for example, the American Association for Marriage and Family Therapy—have more broadly-based guidelines for supervisors.

In this one-day workshop, Dr. Carol Falender will introduce participants to her highly respected and cutting edge approach to Clinical Supervision. Dr. Falender will introduce workshop participants to competency-based supervision, a science-informed process of delineating the competencies required for good practice, and of identifying and developing specific competencies in both trainees and their supervisors. Her framework will help both new and seasoned supervisors to enrich and update their present supervision by thoughtfully integrating tools and competency measures developed by leading contemporary researchers into a robust supervision contract.

With expert commentary, helpful audio-visual materials, and excerpts from actual supervisory sessions, Dr. Falender will examine the supervisory relationship in detail and help supervisors to inform their work with research on best practices in supervision. Dr. Falender will extend from theory and research to discussion and experiential exercises around key issues in successful supervision. Fostering a strong supervisory alliance, managing counter-transference and parallel process, differentiating supervision from psychotherapy are areas Dr. Falender will target, as are building competency around diversity, gate-keeping, legal, ethical, and liability issues and risk management, and dealing with supervisees who don't progress toward competence.

## Who Should Attend:

Anyone who currently supervises someone, or will be supervising someone else, in a mental health field, including.

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Psychologists

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Psychiatrists

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Social Workers

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Counsellors

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Family Therapists

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Chaplains and Pastoral Counsellors

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Occupational Therapists

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Psychiatric Nurses

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Mediators

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Military, Veteran, and Military Family support providers

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Community health workers

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Child and Family Services Workers

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Social Service Workers.

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### The Oak Tree Professional Programming

offers continuing education courses and workshops for psychologists and allied professionals. As general practice mental health providers, we know the importance of access to high quality continuing education opportunities. We offer programs in which presenters, who are acknowledged experts in their fields, provide up-to-date, stimulating, useful material to expand and deepen the knowledge base of those who attend.

Director: Dr. Neal D. Anderson, C.Psych.